

Name _____

Date _____

Cadet Compliment Challenge!

The Junior Cadets want to know how you feel when you give and receive words of kindness and encouragement! Draw how you feel and highlight your feelings from the word bank.



When I get a compliment I feel...

When I give a compliment I feel...

Feelings Word Bank

- | | |
|----------|------------|
| Happy | Kind |
| Proud | Helpful |
| Excited | Inclusive |
| Glad | Caring |
| Included | Friendly |
| Pleased | Supportive |